

What is Lent?

- Lent is the forty-day period of fasting and prayer before Easter. The forty days represent the time Jesus spent in the desert, where He endured temptation by Satan.
- The purpose of Lent is the preparation of the believer for the annual commemoration of the Death and Resurrection of Jesus as celebrated during Holy Week.
- Lent lasts from Ash Wednesday until Holy Saturday. The six Sundays in Lent are not counted among the forty days because each Sunday represents a “mini-Easter”.

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We invite you to join us in preparing for Easter
at Lenten services on Wednesdays at Noon or 7 PM.